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Amendments to the Claims:

- 1. (presently amended) Tampon, in particular for feminine hygiene, comprising a tampon body (10) and a withdrawal tape (12; 32) which is fastened on the tampon body (10), characterized in that the withdrawal tape (12, 32) and is configured such that its the withdrawal tape has an effective length that can be changed before or during use, wherein the withdrawal tape is formed with at least one loop that reduces the effective length of the withdrawal tape and can be released in order to increase the effective length of the withdrawal tape and the withdrawal tape has a first end connected to the tampon body and a second end having a knot, a loop and a free end extending from the knot and the loop can be released by pulling the free end.
- . 2. (canceled)
 - 3. (canceled)
 - 4. (presently amended) Tampon according to Claim 31, characterized in that wherein the loop (18) is formed such that it does not release by virtue of the loop (18) being pulled.
 - 5. (presently amended) Tampon according to Claim 3-of-41, characterized in that wherein the loop (18) is formed in the manner of a half-loop.
 - 6. (presently amended) Tampon according to Claim 3 of 41, characterized in that wherein the loop (18) is formed in the manner of a Windsor knot.
 - 7. (presently amended) Tampon-according to Claim 1-or 2, characterized in that the withdrawal tampon (32) is arranged partly within the tampon body (30) and is positioned in at least one, in particular for feminine hygiene, comprising a tampon

body and a withdrawal tape which is fastened on the tampon body-and is configured such that the withdrawal tape has an effective length that can be changed before or during use, wherein the withdrawal tape is formed with at least one fold that reduces the effective length of the withdrawal tape and can be released in order to increase the effective length of the withdrawal tape and the withdrawal tape is arranged at least partly within the tampon body and is positioned with the at least one fold (36) therein, and a portion of the withdrawal tape having the at least one fold is retained between adjacent portions of the tampon body.

- 8. (presently amended) Tampon according to Claim 7, characterized in that wherein the withdrawal tape part is retained within the tampon body (30) by virtue of the latter being is rolled and pressed to retain the portion of the withdrawal tape having the at least one fold.
- 9. (presently amended) Tampon according to Claim 7-or 8, characterized in that wherein at least one fold (36) of the withdrawal tape (32) within the tampon body (30) can be released is releasable by virtue of pulling the free end of the withdrawal tape (32) being pulled, in order to increase the effective length of the withdrawal tape (32) outside the tampon.
- 10. (presently amended) Method of producing a tampon according to one of Claim 1

 to 6, characterized in that comprising the steps of: positioning the withdrawal tape

 (12) is positioned around a fabric fibrous tampon band web such that it the

 withdrawal tape extends transversely to the fabric tampon band, and laterally

 beyond the latter, in that the fabric tampon band is rolled and pressed in order

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- fibrous tampon web; rolling and pressing the fibrous tampon web to form the tampon body (10) with the withdrawal tape (12) fastened therein, and in that the withdrawal tape (12) is knotted; and knotting the withdrawal tape outside the tampon body (10) to form a releasable loop (18).
- 11. (presently amended) Method of producing a tampon according to one of Claims 1, 2, 7, 8 and 9, characterized in that comprising the steps of: positioning the withdrawal tape (32) is positioned around a fabric tampon band (30) fibrous tampon web such that it the withdrawal tape extends transversely to the fabric tampon band (30), fibrous tampon web and a portion of the withdrawal tape extends laterally beyond the latter, that part of the withdrawal tape (32) which extends laterally beyond the fabric tampon band (30) is folded back fibrous tampon web; and folding the portion of the withdrawal tape that extends beyond the fibrous tampon web partly onto the fabric tampon band (30), and the fabric tampon band is rolled and pressed in order; rolling and pressing the fibrous tampon web to form thea tampon body with the withdrawal tape (32) fastened therein and to retain the folded-back part portion of the withdrawal tape (32) in the tampon.
- 12. (presently amended) Method according to Claim 11, characterized in that wherein the withdrawal tape (32) is folded back onto the fabric tampon band (30) fibrous tampon web in a direction selected from the group consisting of parallel to, obliquely in relation to, or perpendicularly to the transverse direction on the fabric tampon band of the fibrous tampon web.